

Claridge House Retreat Centre Lingfield



Caring for Carers

Respite Breaks
for
Rest and Renewal

**Enjoy a relaxing day or two away from
your daily routine in the peaceful
atmosphere of Claridge House.**

Independent Package with Action for Carers

For you...

if you are an unpaid carer who has family or friends to look after the person you care for while you enjoy some time away.

Cost of Independent Package
£52 per day

**One night stays at Claridge House
for one person - 3 p.m. - 3 p.m.
include: afternoon tea, evening meal,
breakfast and lunch.**

If you are interested in an independent respite break at Claridge House please contact the Adult Carer Support Manager, at Action for Carers on 0303 040 1234

Supported Package with Crossroads Care

For you...

if you a full time Carer, caring for a friend or family member who cannot be left alone. A trained carer support worker will stay in your home for the duration of your break, providing all the care your loved one needs while you are away.

Cost of Supported Package
£127 per day

If you are interested in a supported respite break at Claridge House please contact the care Co-ordinator at Crossroads on 01372 869970 with the dates you would like to go and they will check availability

More about ... Claridge House

Claridge House provides a space where guests may stay for a while in peace and stillness before returning, rested and renewed, to their everyday lives.



We have a wonderful kitchen team who prepare fresh, seasonal, organic vegetarian food on a daily basis. We offer a delicious continental breakfast as well as nutritious and well-balanced lunches and dinners available to all our guests.



The gardens at Claridge House are perfect for peace, meditation and natural tranquility. Two acres of idyllic mixed woodland and borders have been designed to offer something for everyone who chooses to spend time here.

Additional activities during your stay

Please see Claridge House website on www.claridgehousequaker.org.uk for a course programme. All extra activities are priced individually and are not included in the package.

More about... Action for Carers

For more information about Action for Carers please go to:

<https://www.actionforcarers.org.uk/>

More about... Crossroads

For more information about Crossroads please go to:

<https://crossroadscaresurrey.org.uk>

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